



## Proclamation

Board of County Commissioners  
Manatee County, Florida

**WHEREAS**, Posttraumatic Stress Disorder (PTSD) affects about 13 million Americans each year. Men, women, and children can develop PTSD symptoms after experiencing trauma including the stress of combat, physical/sexual assault, child abuse, accidents, and natural disasters; and

**WHEREAS**, PTSD is characterized by persistent and severe symptoms that can include nightmares, flashbacks, heightened reactions, anxiety, depression, or uncontrollable thoughts of the trauma. PTSD is a disorder that can disrupt a person's ability to function in everyday life; and

**WHEREAS**, Many cases of PTSD remain undiagnosed and untreated due to a lack of awareness of the condition and the persistent stigma associated with mental health conditions. Effective treatment can often eliminate or reduce PTSD symptoms; and

**WHEREAS**, In 2014, the U.S. federal government designated June as PTSD Awareness Month, which hopefully reminds us of the importance of understanding and supporting those affected by PTSD. PTSD not only affects the individual, but their families, and their communities; and

**WHEREAS**, By raising awareness and promoting empathy for anyone living with PTSD, especially our Veterans, we can create a community where individuals with PTSD feel understood, supported, and hopeful for the future. Manatee County wishes to show their support.

**NOW, THEREFORE, BE IT PROCLAIMED** by the Board of County Commissioners of Manatee County, Florida, that June 2026, shall be known, designated, and set aside as

### **POSTTRAUMATIC STRESS DISORDER (PTSD) AWARENESS MONTH**

in Manatee County, Florida.

**ADOPTED** with a quorum present and voting this Tuesday, June 2, 2026.

BOARD OF COUNTY COMMISSIONERS  
MANATEE COUNTY, FLORIDA

*Tal Siddique*

Tal Siddique, Chairperson



## June 2, 2026 - Regular Meeting

### **Subject**

Posttraumatic Stress Disorder (PTSD) Awareness Month

### **Category**

AWARDS/PRESENTATIONS/PROCLAMATIONS

### **Briefings**

None

### **Contact and/or Presenter Information**

Board of County Commissioners

### **Action Requested**

Adoption of Proclamation designating June 2026, as "Posttraumatic Stress Disorder (PTSD) Awareness Month."

### **Enabling/Regulating Authority**

None

### **Background Discussion**

PTSD Awareness Month was initially designated as a "Day of Awareness" by Senator Kent Conrad in 2010 in memory of Staff Sergeant Joe Biel who suffered from PTSD. He took his own life in April 2007 after returning from his second tour of duty in the Iraq War. June 27th was Biel's birthday and was chosen to mark PTSD Awareness Day. In 2014, June was designated as National PTSD Awareness Month by the United States Senate.

### **Attorney Review**

Not Reviewed (No apparent legal issues)

### **Instructions to Board Records**

None

### **Cost and Funds Source Account Number and Name**

N/A

### **Amount and Frequency of Recurring Costs**

N/A